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The Home Help Understood



Welcome to our Christmas Holiday edition!

In this publication, you will find stories, recipes, a crossword and other fun and interesting things about Christmas holiday celebrations.

Wishing you and your family a Merry Christmas and a Happy New Year!

Michael

Test Your Christmas Knowledge Questions

1. In what country did the kissing under the mistletoe tradition begin?
2. What country is widely believed to have brought the Christmas Tree tradition to North America?

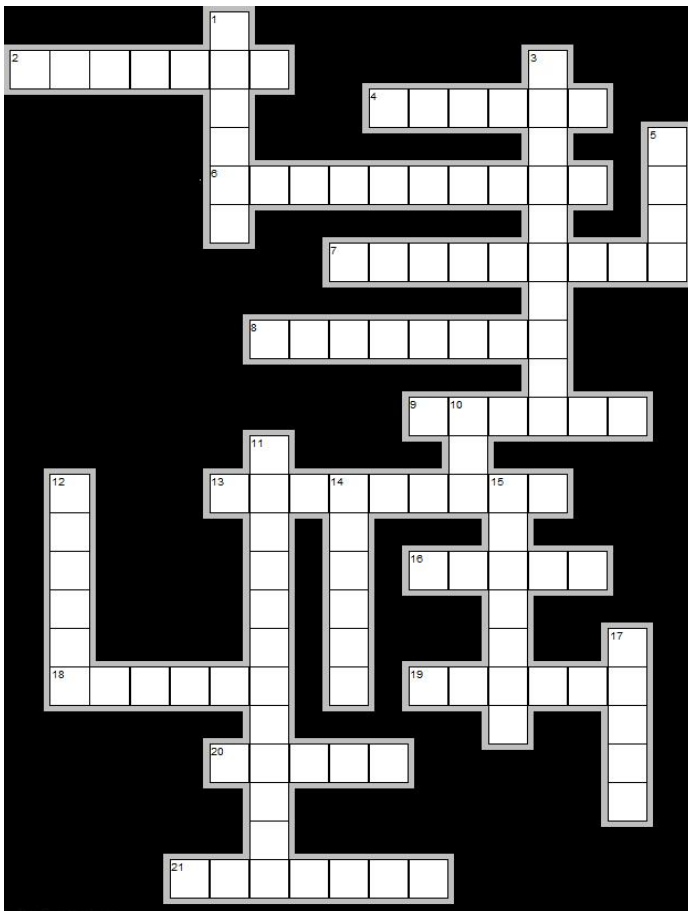


See answers at the bottom of this page

They Said It!

According to MAD CANUCK, an Ontario-based information site, 94 % of Canadians celebrate Christmas.

The Home Help Understood Crossword Crossword Theme - All Things Christmas



Across

2. Left out for Santa with milk
4. Seasonal drink
6. A red & white treat
7. Used to decorate tree
8. Roasted over fire
9. Often found on doors
13. Birds
16. What you pick off the mistletoe for good luck
18. Removes snow
19. Christmas season
20. They are sent
21. Three who followed the star

Down

1. Country the Poinsettia is native to
3. Noche Buena - plant better known by this name
5. What kids want
10. Christmas colour
11. What Christians in India decorate their homes with
12. Special songs
14. Eaten for dinner
15. Country that brought the tree tradition to North America
17. What Italy's La Befana uses for transportation

For crossword answers, see back page

Test Your Christmas Knowledge Answers

1. Scandinavia
2. Germany

Can you spot the 5 differences in the two pictures?



This Issues Recipe

Salmon Cakes for Two

This recipe was provided to us courtesy of Pat MacLeod. Thanks Pat for sharing this with us!

Serves: 2
Prep time: 10 minutes
Cook time: 15 minutes
Ready in: 25 minutes

Ingredients:

1 Can of Salmon – 213 Grams
2 Tsp – Grated Onion or Green Onion Chopped
1/8 Tsp Pepper
8 Single Soda Biscuits
Flour & Corn Meal (Wheat Germ optional)
2 Tsp – Butter
1 egg

Directions:

Empty the can of Salmon with the juice into a bowl. Mash with a fork. Add onion. Add egg (slightly beaten). Add pepper and blend. Crush Soda Biscuits and add to Salmon mixture, Blend well again. Divide into 4 Cakes. Dredge with Flour or a mixture of equal parts of flour, corn meal and wheat germ to make a golden crust. Heat butter in a heavy skillet. Cook both sides slowly until golden brown About 15 minutes makes a golden cake.

Enjoy!

Celebrating Christmas Around the World

Ukraine – On Christmas Eve, the children look for the first evening star to begin celebrations, which is a 12 course feast with each course representing one of the 12 apostles of Christ.

Italy – Children in Italy have to wait until January 6th to open their presents. Presents are delivered by La Befana who according to the legend is an old woman on a broomstick searching for the Christ child.

Argentina – Children leave their shoes outside for Father Christmas in hopes that there will be goodies in them Christmas morning. Christmas Eve is celebrated with fireworks and family gatherings.

Mexico – Celebrations begin nine days before Christmas, which is how long they believe it would have taken Joseph and Mary to get from Nazareth to the inn where Christ was born

Norway – A mischievous elf or gnome called Nisse brings gifts to good children. Porridge with a lucky almond is made. According to the legend, the one who finds the almond will have good fortune in the year to come.

Venezuela – From December 16th - 24th they attend church or Misa de Aguinaldo. It's customary to roller-skate to this service. At bedtime, children tie one end of a piece of string to their big toe and hang the other out the window. The next morning, roller skaters give a tug to any string they see. After Mass, everyone enjoys tostados and coffee.

ANSWERS: The Home Help Understood Crossword - All Things Christmas

Answers - Across

2. Cookies
4. Eggnog
6. Candy cane
7. Ornaments
8. Chestnut
9. Wreath
13. Birds
16. Berry
18. Shovel

19. Winter
20. Cards
21. Wiseman

Answers - Down

1. Mexico
3. Poinsettia
5. Toys
10. Red
11. Mangos
12. Carols
14. Turkey
15. Germany
17. Broom



Test Your Knowledge Answer The Word Ontario

The word Ontario was derived from the Iroquois language. It means beautiful lake or water.



About Simcoe Huronia Home Services

Simcoe Huronia Home Services was established in 2002 and provides reliable, dependable and affordable old-fashioned home help services for seniors and individuals with physical limitations that want to remain in their homes and continue to live an independent and dignified lifestyle.

The business is owned and operated by Michael Stark and is located in Barrie, Ontario.

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Please consider signing up to receive our Newsletter via email. We try to minimize our paper use and printing whenever possible.

Send your recipe or story to:

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